

Deliciously warming Hot Bouill

Immigration And Business

In preceding articles an effort has been made to show that farmers, stock men, laborers and city employees, on either all stand to gain and derive benefit from the immigration of an aggressive immigration policy that will induce tens of thousands of new settlers to come to Canada. And it is a logical conclusion that what benefits and adds to the prosperity of the masses of the people cannot fail to prove of advantage to the financial, manufacturing, transportation and general commercial interests of the Dominion.

A substantial increase in population means not so many open prairies, but profitable buyers of food and furs, clothing of all kinds, household furniture and household and general necessities, building materials, books, groceries, and so on down the whole list of human requirements and even those things which cater to people's enjoyment and entertainment. And every increase in demand means increased business for Canada's commercial and manufacturing interests and industries, and through these, increased revenue to all financial and transportation companies and corporations.

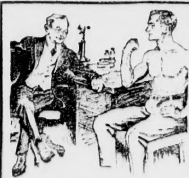
For example, the settlement of one township of land now lying vacant and undeveloped would mean the construction of quite a group of new farm residences, barns, outbuildings, fences, etc., with a resultant demand for lumber, hardware, cement, and other building materials. It would mean an additional school or two. Farm machinery of all kinds would be required. New roads and possible bridges would have to be constructed calling for more road machinery, steel, cement, electricity and labor. The manufacture of these things would call for the profitable in demand of capital, the employment of skilled workers in the work of manufacture and of unskilled labor in the production of needed raw materials. In the handling of raw materials to the factories, and food and clothing for the factory workers, and the finished products from factories to consumers, the railways would receive much needed traffic, and, as the township became producing, return traffic to the markets of the world.

Everybody at all conversant with the transportation problem in Canada freely admits that freight rates on grain and cattle from the West to the East are excessive and constitute one of the great drawbacks to agricultural prosperity. These rates are high because the cars used to move the grain East have to be hauled back to the West empty, consequently the outgoing grain has to bear the expense of the return haulage, there being nothing to return freight. And what is one of the great reasons for this? There is no return freight for the West. As a result Eastern Canada pays millions of dollars annually to the United States for coal while our Western mining industry languishes and our mineral wealth remains largely undeveloped. Multiple the population of the Western Provinces several times through immigration and a marked change for the better would soon be recorded.

In his first public address since arriving in Canada to assume the duties of President of the National Railway Builders' Union, Thompson declared that one of the greatest problems facing the country was the excessive cost of freight rates in a railway immigration. He stated that the cost of freight rates on grain and cattle from the West to the East was so high that it was practically impossible to produce the full tonnage of freight traffic that could be made paying profit. These rates first of all prevent the farmer from making a profit on his product, before there can be other buyers, because of excessive freight traffic, without which the railways cannot be made to pay. Canada has built tens of thousands of miles of railways to induce settlement and production; it must now encourage that settlement.

The best paying passenger trains are those on lines where there is a comparatively heavy local traffic, but such traffic cannot be had if there is no population. The average small town population is about 1,000 people, making a bare living because there is not a sufficiently large population in the surrounding territory, and the warehouse and dealer is compelled to carry goods in to these small towns on their trucks because of the latter's inability to turn their trucks into cash through lack of a sufficiently large buying public.

More people, many more people, and these can only be obtained through a reasonable length of time through immigration, offer the only solution to many, in fact most, of the problems now confronting the West and because of which there is such a loud and persistent complaint at the present time.



Strength

Strength of muscle does not indicate strength of nerves. On this account many people who look healthy enough suffer from nervous troubles and cannot understand what is ailing them. Sleeplessness and irritability are among the early symptoms. Indigestion and tired feelings soon follow.

Read this letter from an Ontario man:

Mr. W. L. Gregory, Charles St. E., Ingersoll, Ont., writes: "I had been troubled for quite a while with indigestion. At times there would be a twisting of the nervous system of my stomach, and I also found it difficult to get a good night's sleep. I am a middle-aged man, and in the middle of my work my system became run-down. I took a treatment of Dr. Chase's Nerve Food, and found great benefit from this medicine. They did me a great deal of good. I have not been bothered at all with indigestion since, and can sleep much better. I have recommended Dr. Chase's Nerve Food to many of my friends, as I think it splendid for anyone nervous and run-down."

Dr. Chase's Nerve Food, 50¢ a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto

W. N. U. 1461

CANADIAN PACIFIC EXCURSIONS TO CENTRAL STATES

The Canadian Pacific Railway will have on sale daily December 1, 1922, January 5, 1923, train stations in Alberta and Saskatchewan excursion round trip tickets to the following Central States points: Minneapolis, Minn., St. Paul, Minn., Duluth, Minn., Milwaukee, Wis., Chicago, Ill., Fort Dodge, Ia., Council Bluffs, Ia., Mankato, Minn., Des Moines, Ia., Sioux City, Ia., Cedar Rapids, Ia., Kansas City, Mo., Waterson, S.D., St. Louis, Mo., and Omaha, Neb.

These excursion tickets will bear a first-class round-trip fare, and include those desiring to visit their home in the south an opportunity of doing so at a reasonable rate.

Full particulars will be gladly given on application to any agent of the Canadian Pacific Railway. R-25

An excellent protection against worms can be got in Miller's Worm Powders. They regulate the stomach and intestines, and are pleasant to the taste. They lead the surface that have become inflamed by the attacks of the parasites and serve to restore the strength of the child that has been so weakened by the disease. That the worms have made their nest, and that their operation is altogether health giving.

Too Much Salt Is Injurious

Two French medical men, Dr. Laroche and Dr. Lenoir, in a joint paper read before the French Hospital Medical Society, issue a warning against using too much salt in flavoured food, instancing the case of a man who thus affected both the stomach and the brain.

Minard's Liniment For Distemper

The Christmas Season

How the Holiday is Observed in Various Parts of the World. Holly grows best near the sea. There is no Christmas in Japan. The French hang up the mistletoe, but they don't kiss under it. In Bulgaria everybody avoids the crossing of a strange doorway on Christmas.

The Yule candle was once an indispensable adjunct of Christmas. It was of enormous size and lighted the whole table.

Australia can boast the Christmas pantomime with the longest run. In 1907 "Mother Goose" was played all the year round.

In often times the mistletoe was considered a sacred plant because its berries grow in clusters of three, emblematic of the Trinity.

Ancient Greeks held the mistletoe in great veneration, particularly the Druids, who, when in procession into the forests to collect it.

In Peru the celebration of Christmas usually begins with a huge spectacular bullfight, which is followed by a religious procession.

According to an old belief, if the first kiss on Christmas morning is made in a room, it will last all the year; if it is made in a room, it will last all the year; if it is made in a room, it will last all the year.

In various parts of the earth wolves are supposed to roam about during the night before Christmas, destroying property, and, in their more mischievous moods, snapping up vacant lambs.

At the founding hospital in Lyons, France, a royal welcome awaits the first infant born on Christmas day, which is supposed to be in contrast to the humble story of Christ's birth.

A pretty Christmas custom is observed in Austria, where in thousands of homes lighted candles are left all night in the windows, so that the "Inn of the Christ" when he passes through village or town, may not be troubled.

For Sprains and Bruises. There is no more certain remedy for sprains and bruises than Dr. Thomas' Electric Oil. It will relieve the swelling that follows a sprain, and it will relieve the pain that follows a bruise. It will relieve the pain that follows a bruise, and it will relieve the swelling that follows a sprain.

Light is the sweetest thing that exists. It is the sweetest thing that exists, and it is the sweetest thing that exists. It is the sweetest thing that exists, and it is the sweetest thing that exists.

The Last Astoria Attack may really be the last one if prompt measures are taken. Dr. J. D. Kellogg's Astoria Remedy will cure it. It will cure it, and it will cure it. It will cure it, and it will cure it. It will cure it, and it will cure it.

Gold was used by the Romans for other things than for a limited supply between the Christians era.

Minard's Liniment For Gargot in Cows

In 1921 (about 1920) a flock of sheep were attacked by insects, which had to be swept off the tracks like snow.

Christmas Boxes

In ancient Greece prayers were said for ships undertaking long voyages, boxes, into which the sailors placed gifts for the upkeep of the priestess, saying the masses, were opened at Christmas, and were known as "Christmas boxes." The poor, rather than omit their contribution, were encouraged to beg from richer neighbors. The custom grew, and becoming Christianized and modified into the exchange of gifts in memory of the Wise Men, has remained to this day.

The Russian peasant believes that the first star to appear in the heavens on Christmas eve is the very star that led the wise men to Bethlehem, and that whoever sees it first is assured a highly prosperous year.

A TWO-FOLD DUTY

Many thoughtful mothers first give their children

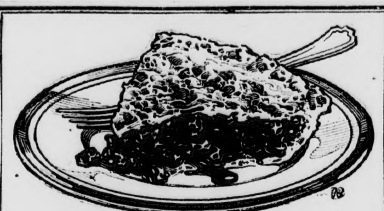
Scott's Emulsion

regularly—and then take it themselves. It is a tonic-food that contains elements as needful to an adult as to a child. Build up your strength—try Scott's.

Scott & Bowne, Toronto, Ont. 1914

Discovery of Larger Sun

A Dutch scientist has discovered the existence in the heavens of a body twenty thousand million times larger than the sun. We understand that it is to be allowed to remain there for the time being. The Passing Show



Luscious— Made With Raisins —and already baked for you

SAVE the trouble and the time of baking pies at home, yet give your men folks pies that are exactly to their taste.

Master bakers and neighborhood bake shops in your city are making luscious raisin pie fresh every day. Your grocer or these bake shops can supply them.

Taste them and you'll know why there's no longer need to bake at home.

Crust that's light and flaky—tender, thin-skinned, juicy fruit, the juice forming

a delicious sauce! There's nothing left to be desired in a pie.

Made with finest seeded Sun-Maid Raisins. 150 calories of energizing nutrition per pound in practically predigested form. Rich in food—also a good food for the blood.

You may be offered other brands that you know less well than Sun-Maid, but the kind you want is the kind you know is good. Insist, therefore, on Sun-Maid brand. They cut no more than ordinary raisins.

Mail coupon now for free book of tested Sun-Maid recipes.

SUN-MAID RAISINS

The Supreme Pie Raisin

Sun-Maid Raisin Growers

Membership 13,000

Fresno, California



Blue Package

CUT THIS OUT AND SEND IT

Sun-Maid Raisin Growers, Dept. N-514-11, Fresno, California. Please send me copy of your free book, "Recipes with Raisins."

NAME _____

STREET _____

CITY _____ PROVINCE _____

MACDONALD'S BRIER

The Tobacco with a heart

— Canada's Best Buy —
THE ECONOMY PACKAGE

½ lb—Now 80¢ (ALSO PROCURABLE ½ lb PACKAGE 15¢)



All British Dominions To Be Included In Cattle Embargo Measure

London. The House of Lords have passed today the bill for the suspension of the Animals Bill, after the Duke of Devonshire, secretary of state for the colonies, had given assurance that the bill would be taken shortly to bring all the other dominions, as well as the colonies, under the provisions of the bill.

The Duke of Devonshire said he deeply regretted that that change in the original bill had been rejected by the House. He had no doubt that the cheapest possible undertaking had been given in the course of the debates in the House of Lords and elsewhere that the removal of the restrictions on Canadian cattle was intended to apply also to cattle from the other dominions. He was truly pleased to give an undertaking that if the point should be raised at the conference, which all hoped would meet in London next year, and a mutually satisfactory arrangement could be reached, the Government would introduce legislation to put it into effect.

The Colonial Secretary will be trusted that by the passage of the bill they would bring this controversy, which had lasted for so long, to a satisfactory end.

U.S. May Reduce Fleet

President Harding Would Broaden Scope of Naval Limitation

Washington.—A request that President Harding seek to broaden the scope of the naval limitation agreement so as to include a limitation on construction of smaller types of war vessels and on military and naval aircraft is included in the annual United States naval bill as reported by the House Appropriations Committee. Under the bill as brought to the House the President would be asked to open negotiations with Great Britain, France, Italy and Japan for an agreement which would limit future building of all surface and submarine types of warships having a tonnage of 1000 or less and on all classes of army and navy aircraft.

Vessel Frozen In

Montreal.—The John S. Thon, a steamship, will have to winter in St. Lawrence a few miles up the St. Lawrence river from St. Lawrence, as all efforts to release her from the ice have failed. It is feared that when spring comes the vessel will have been so badly damaged by the frost that it will sink.

Farmers' Booklets SENT FREE

Any of the following (except Farmers' Account Book) may be had free on application to the

Publications Branch
Department of Agriculture
Ottawa

Learn Your Commercial Cattle.
Raising Turkeys.
New Varieties and Selections of Grain.
Winter Stock Feeding in Manitoba.
Fencing Stacks for Winter in North-western Saskatchewan.

Growing Feeds for Beef Cattle, North-west Saskatchewan.
Alfalfa Growing in Manitoba.
Grain on the Prairies, Growing.
The Potato, Its Cultivation and Varieties.

Smart Seed Treatment for Grain.
Horticulture in Saskatchewan.
Poultry Feeds and Feeding.
The Farmer's Poultry House.

Grain Distribution.
Labor Saving Devices on the Improved Farm.

Farmers' Account Book (Price 10 cents).
Why and How to Use Milk.
Why and How to Use Cottage Cheese.
Foods from Dairy Cows.

Report of Exp. Station, Rustlin, Sask.
Report of Exp. Station, Sidney, B.C.
Report of Exp. Station, Indian Head, Sask.
Report of Exp. Station, Brandon, Man.
List of 500 Available Publications.

Name

Post Office

B.R. No. Province

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M. N. 1-151

CANADA SALUTES IRISH FREE STATE

MESSAGES OF GOODWILL EXCHANGED BETWEEN TWO DOMINIONS

Ottawa. Messages of goodwill exchanged between the governments of Canada and the Irish Free State were made public by Premier King in his cable to President Cosgrave of the Irish Free State, Premier King said:

"My colleagues in the Government of Canada join me in welcoming the Irish Free State into the brotherhood of self-governing dominions of the British Empire. We send the best wishes for peace, progress and prosperity in all that pertains to the friendly relations between the two countries."

The reply to President Cosgrave's letter:

"Shine thanks for good wishes and kind words of welcome into the brotherhood of nations forming the British Commonwealth. My colleagues and myself on behalf of the Irish people, send best wishes for the continued prosperity of your great Canadian nation."

(Signed) Cosgrave, President Irish Free State.

When Does Bronchial Trouble Begin To Get Serious?

First it was a little throat tickle, then a cough which grows severe. This nagged and cough travel down the lungs, and it's mighty hard to treat. To treat throat trouble right, use Chamberlain's. It breaks the cause, stops, allays irritation, eases the cough, makes breathing easier, clears out the phlegm and free the nostrils from crusts and accumulations. You can prevent colds, and keep free from throat and bronchial troubles by frequently using Chamberlain's—thousands prove this every day. Sold everywhere. Two months' treatment \$1.00, medium size 50c, small size 25c.

Western Port May Be Developed

Parliament Will Consider Increased Grain Handling Facilities in Vancouver

Vancouver.—No definite declaration of the Federal Government's policy in regard to increased elevator and grain handling facilities in Vancouver will be made before Parliament opens. Premier Mackenzie King advised the local Board of Trade. The Premier in his message indicates that the Government attaches much importance to the possibilities of the grain export business through the port of Vancouver to the Orient and Australia. The Premier stated that as the question of storage and transportation are bound up with the Western movement of grain, the Government did not wish to reach a decision on the matter until transportation companies could express their views, and until Sir Henry Thornton, President Canadian National Railway, and his colleagues had visited the Pacific Coast.

Disarmament Conference Fails

London.—The Moscow disarmament conference has failed to reach an agreement and has been broken up says a Reuters despatch from Helmsburg, Finland.

For Sore Throat, Cold In The Chest, Etc.

MINARD'S
"KING OF PAIN"
LNIMENT
YARMOUTH, N.S.

WESTERN EDITORS



J. A. Fawley, Editor and Proprietor of The Valley News, Rosetown, Sask.

Want Holsteins Sent To London Exhibit

Ontario Agricultural Minister Asks Entries For Dairy Show

Guelph, Ont.—At a banquet of the Canadian Holstein Fertility Association, Hon. Manning Macdonald, Ontario Minister of Agriculture, expressed the wish that the Holstein breeders would cooperate with his department in sending an exhibit to the London (England) dairy show next year.

This, he believed, would open up a great market in England for Canadian Holsteins.

Japs vs Land In Australia

Sydney, N.S.W.—The Morning News states that Japanese syndicates during the last year purchased a tract of land along the New South Wales coast line with the official sanction of the Federal authorities.



Death of Winnipeg Journalist

Winnipeg.—David Hylth Bogie, M.A., formerly an editorial writer on the Winnipeg Telegram and for the last two years on the Winnipeg Tribune, died here on Tuesday night.

For Sore Throat, Cold In The Chest, Etc.

MINARD'S
"KING OF PAIN"
LNIMENT
YARMOUTH, N.S.

Premier Dunning Suggests Wheat Marketing Plan For Western Provinces

PARLIAMENT MAY NOT OPEN UNTIL FEBRUARY

PREMIER KING STATES NO ANNOUNCEMENT WILL BE MADE UNTIL EARLY IN NEW YEAR

Ottawa.—The opening of Parliament, which it was expected would take place during the latter part of January, will, in all probability, be delayed until early in February. Premier King stated that there would be no announcement regarding the opening date until early in the New Year, after the return of Hon. W. S. Fielding, Minister of Finance, from England.

He pointed out that, owing to various causes, Mr. Fielding had been delayed, and even now the Government was not sure of the exact date on which he would sail for Canada. It is understood, however, that Mr. Fielding will probably sail for home toward the end of this month. As it is customary to give 30 days notice of the date for the opening of Parliament, and as there will be no announcement in regard to the matter until early in January, indications now are that the opening date will be in the first half of February.

A SPLENDID MEDICINE FOR THE CHILDREN

Dr. Williams' Own Tablets are the best medicine a mother can give her little ones. They are a mild laxative which quickly regulates the bowels and stomach and are guaranteed to be entirely free from any injurious drugs. Concerning them Mrs. A. D. West, Larchmont, N.Y., writes: "Dr. Williams' Own Tablets have given my little child more sleep than anything else. I have never given my children. They are easily taken, always work well, and I have never given quite so new a baby they seem to work as well. As at first, which is something other mothers seldom do." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Italy Suffers From Cold Wave

Death of Five From Freezing Reported in Rome

Rome.—Italy is suffering from an exceptionally cold wave. Five persons have been frozen to death in Rome and several similar cases are reported from other localities. The Apennine Mountains are completely covered with snow. Wolves, driven desperate by lack of food, have descended to the plains and are almost seen at the gates of the capital.

HAD BAD PAINS IN HER HEART

Nerves Were Very Bad

Mrs. John Case, R. R. No. 4, St. Catharines, Ont. writes: "I wish to say that I have been bothered very much with my heart and nerves. I doctored with two different doctors, but did not find much relief. I would have such bad pains in my heart, at times, I would be almost afraid to move or breathe, and at night I could not sleep. If the pains in my heart were gone, my nerves would be so bad I could not lie still and would only get a little sleep by being tired out. My stomach was also very bad and I could eat but very little, and then only certain things or I would have so much distress which always made me very worse."

I had been suffering for nearly two years until one day I was taking to our druggist about the way I felt. He advised me to use Milburn's Heart and Nerve Pills. A fair trial has now taken five boxes and am feeling so much better. I am able to do my own work, and can eat anything I wish. I cannot praise

**MILBURN'S
HEART AND NERVE PILLS**
too highly."

Price: See a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Saskatoon.—A permanent solution of the wheat marketing question by making use of "the largest, finest and most complete mechanical grain handling and trading facility in the world," which are controlled by the farmers' movement in the great grain marketing companies, the Saskatchewan Cooperative Elevator Company and the United Grain Growers Limited, was suggested by Hon. Charles A. Dunning, Premier of Saskatchewan, at a banquet given in his honor at Saskatoon on December 15.

Mr. Dunning pointed out that these two companies control over 700 country elevators, the best organized grain trade offices in Winnipeg, terminal elevator facilities and hospital elevators of greater capacity and more up-to-date than are controlled by any other interest, and in addition an organization for exporting grain second to none in the business and which with this year export overseas at least 100,000 bushels of grain and possibly double this amount.

A plan was outlined by Mr. Dunning for the formation of a "Canadian Farmers' Export Company" by amalgamating the two export companies controlled by the Saskatchewan "Co-op" and the "U.G.G." as a means whereby "the splendid facilities controlled by the organized farmers" could be used to build up an improved grain marketing system which would ensure to the farmer patronizing it, the world's average annual market value for his product, and could be applied to other grains as well as wheat. Mr. Dunning stated that he did not know of "any public man in Western Canada nor any responsible farmer leader who has ever advocated a permanent company, 'wheel board,' but did not indicate that the law restricting a compulsory wheel board now on the statute books of Saskatchewan would be repealed.

It was estimated by Mr. Dunning that "the Government of the province would not turn a deaf ear to a request for financial assistance for any enterprise for co-operative marketing which had the backing of the farmers' movement through the two great cooperative companies."

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Every dollar spent in your home town is a boost for the community.

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F. H. Gossard, Asst. Editor
Subscription: \$7.00 per year
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WEDNESDAY, JANUARY 24, 1924.

WESTCOTT

The Xmas season has come and gone. We hope the New Year will have spent things in store for Westcott people.

Mr. and Mrs. Isaac Levagood enjoyed the Watch night service in Didsbury.

vice in Didsbury.

Mrs. Rennie who has not been very well for the past few weeks is in Calgary at present taking treatments.

Gilbert Pansford who is studying for the Ministry in Edmonton spent the holidays at home.

The Murphy family spent a few days in Calgary last week. Mrs. Finlay and Joyce, Jennie, Annie and Maggie Finlay spent a day at Jess Tuggles last week. Mrs. Harry Brown and child, spent at a few days in Calgary last week.

last week.

The Klinck family spent New Years day with Mr. and Mrs. Jack Robertson.

Mr. McFarlane returned to Westcott on Tuesday to take up school duties again.

Miss Johnson of Cardston spent a few of her holidays at Rennie's and Levagoods.

Mr. and Mrs. John Bode and Violet, Mrs. J. Tuggle and Doris were in Didsbury Thursday evening to hear the Xmas program.

The Westcott Union and Friends sent a very generous box to the Biehla Home for Christmas.

Mr. Lincoln Shantz was seen in these parts Saturday and Sunday.

Eddie Klinck had a lot of trouble New Years day but finally he was seen headed for town.

POUND NOTICE

Impounded in the Municipal pound kept by the undersigned on the S. W. 1. Sec. 24-31-27. W. (111.)—Grey gelding, no visible brand; Sorrel mare, white face, hind legs white, no visible brand; Bay mare, star, no visible brand; Bay mare, star, hind leg white, indistinct brand on right thigh.

Geo. Metz, Poundkeeper.
Didsbury Alta.

MOWERS—ROSEBUD

Miss Edna Ruby of Calgary spent Christmas at home.

The Wilson and Deadrick families ate Xmas dinner at A. Deadrick's home.

G. H. Cipperly has moved to Olds for the winter. Mr. Cipperly started for Iowa last Saturday to visit his mother.

Miss Ada Shantz is visiting friends in the neighborhood.

Myra Cipperly, Florence Foster and Sarah Gregory returned to Calgary to attend Normal school after spending the holidays at home.

Mr. Jas. Eubank spent the holidays with his family at Edmonton.

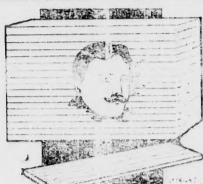


YOU GET THE AMOUNT OF THAT CHEQUE

We have made arrangements with the Bank of Canada Limited who will cash the CANADIAN POWER FARMER cheques and also to combine together with our own weekly at the end of the month.

The Canadian Power Farmer is a new publication which means that it is the first of its kind in the West. It is a weekly publication of local news and of local life and is the only one of its kind in the West. It is a publication of local news and of local life and is the only one of its kind in the West. It is a publication of local news and of local life and is the only one of its kind in the West.

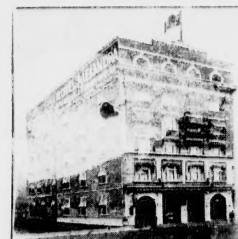
This offer may be withdrawn at any time. Without doubt your intention is to receive for the cheque, then why not take advantage now. This offer is available on the same basis as the weekly above. This is where you get the cheque first time you are in town.



"HEAD OVER SHOULDER"

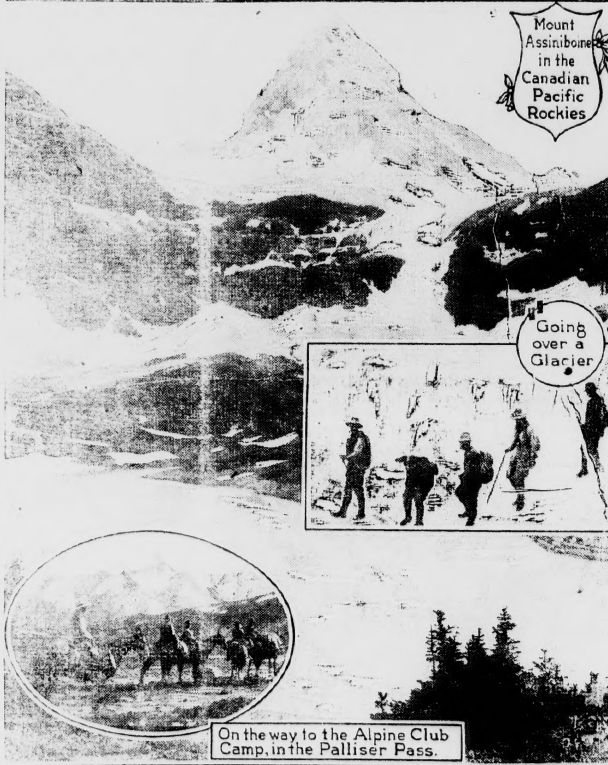
is where we stand on the lumber proposition. Any lumber who makes a head out to say a word will tell you he makes ALL CONTRACTS FOR LUMBER with us. He has a reason. It's because our lumber is uniform in quality and always right in price. It doesn't cause annoyance when being worked up. When building always see us first.

T. THOMPSON, Manager,
NORTH END LUMBER YARD, Ltd.
[For Service]
TELEPHONE 122
DIDSBURY, ALBERTA.



"The House of Comfort"
The Hotel Alexandra
FREE BUS
FREE TELEPHONES
— FIREPROOF
Rates: \$1, \$1.50 and \$2;
with Bath \$2 and \$2.50
226 Ninth Ave., East
CALGARY

THE ANNUAL CAMP OF THE ALPINE CLUB OF CANADA



The Annual Camp of the Alpine Club of Canada held at Palliser Pass this summer, in the heart of the Canadian Rockies, has made history in this region for the year 1922. The site chosen was forty-five miles from Banff, the headquarters of this mountaineering club, in practically a new region, and quite unknown to the general public. The outlying camp at North Saskatchewan Pass, eight miles distant from the main camp, was in a district even more remote than the one in which the main camp was held, and until this summer few people had been in.

What the club accomplished this summer is on a par with its previous record, which has from the beginning done feats worthy of being facts that have called the whole world's attention to the club. At the Alpine Congress of the Alpine Nations held at Monaco in May, 1920, the Alpine Club of Canada came second only to France in its exhibits.

The route to camp was via the Walking and Riding Tour Camps, Paul Gault, Felling Camp and the Trail Centre. From where this route was known none was left for the last lap of the three day trip, four miles distant to Palliser Pass. The pack train left Trail Centre for Palliser Pass and Assiniboine daily. From the main Alpine Club camp to Knaptham Pass as often a party wished to leave. The Alpine pack train left Trail Centre for Banff, and from Mt. Assiniboine to Banff, four times a week, covering over one hundred miles. These camps of the Walking and Riding Tour which were used on route, are permanent camps of the Banff-Mt. Assiniboine Tour; the camps were comfortable and the meals excellent. Mr. Wheeler opened this district for those wishing an easy access into the heart of these great hills, at a moderate cost, and they are now a part of these hills—hills still in their virgin beauty, many miles from civilization.

The site of the camp was ideal. There were two lakes in the camp grounds, a stream and four water falls, which furnished hundreds of feet, adding considerably to the beauty of the meadows in which the tents were pitched. The setting for this village of tents—and there were many dozens—was delightful. The dining tent was a huge affair. The kitchen tent was back of tent. Behind this stood the Art Gallery—a tent where photographs of the camp and various mountain subjects of the previous year were exhibited. Prizes were awarded for the best in each class. The tent, a place of welcome to climbers after an ascent and in fact to all in camp, was near. Four o'clock was the social hour of the afternoon when the mountaineer's favorite beverage was served. The men's tents were not far from the lake, and the women's quarters were near the two waterfalls. A drying tent in this section with a stove and wood pile, used for odd purposes. Still further on tents were pitched for the married couples. There were tents for the cooks, tents for the packers, tents for the handy boys who chopped wood and waited on table. A small interesting looking tent with a sign "Guides" outside took the place of the village blacksmith, only in this case mortals came to be shod when nails and spikes persistently came out of boots.

Truly a village whose curfew was the moon when high in the heavens—a village without a church, but where the infinite spoke from mountain summits, flowers and streams, a place where all was peace and harmony, for to be wholly one with Nature in a primal spot, is to be at one with God. It seems a pity so few take advantage of an outing such as the Alpine Club of Canada affords.

More first ascents were made from camp this year than in any previous one, this on account of its being a new region. The first ascents were: Mount Queen Mary, Mount Birdwood, Mount Tipperary, Mount Smits, Mount Maule, and Mount King Albert. There were also a trip of exploration in a region that was almost unknown.

These great hills of Canada call their annual camp in, lure and continually call to those who have been in them once, to know these hills as to love them and return again as a distant friend.



On the way to the Alpine Club Camp in the Palliser Pass.

We Wish Everybody a Happy and Prosperous New Year



**Just arrived-- 1500 lbs. of white
fish and 100 boxes of apples
which we are selling at
a bargain.**

Phones--Shop 65, Residence 118

Cressman Bros.

The Knowledge of God

Contributed

The knowledge of God is of two kinds: the natural knowledge of God and the revealed knowledge of God. Expressed in common words: All men know there is a God out of the book of nature which contains the things and works created by God, that is, the universe and all creatures thereon. Every true Christian has a revealed knowledge of God out of the book of all books, the holy scriptures which contain the God inspired writings of the Old and New Testaments.

What is called the natural knowledge of God? Firstly: That which is implanted in the hearts of all mankind by nature and secondly, that which is obtained from the works of God in the creation and in all nature.

(a) Read the mythology of the heathens. The Chinese and Hindus have some God. We have the unanimous testimony of all nations, christian or heathen, of an existing God. No heathen nation is so rude as to deny that there is a God, although many are wrong in their conception of the true God. "Because that which may be known of God is manifest in them; God hath shewed it unto them." (Rom. 1. 19.)

(b) Every man's conscience testifies: "there is a God," of the good and bad alike. Because the good ones rejoice about their good deeds; the godless for great agony about their bad deeds. "The Gentiles shew the work of the law written in their hearts, their conscience

also bearing witness and their thoughts the meanwhile accusing or excusing one another." (Rom. 2. 15)

(c) The inborn fundamental ideas and ability to distinguish between right and wrong, to calculate, the power of reasoning, the ability to make conclusions, show us that there necessarily must be a supreme cause, from which all others are dependent.

(d) The creatures in their wise order, their wonderful varieties, their right perfectness, the fitting purpose for which they are adapted, make us realize the existence of a God. "For the invisible things of Him from the creation of the world are clearly seen being understood by the things that are made, even His eternal power and Godhead; so that they are without excuse." (Rom. 1. 20)

Christian astronomers exclaim what is written in the first and second verse of Psalm 19. "The heavens declare the glory of God; and the firmament sheweth his handywork. Day unto day uttereth speech, and night unto night sheweth knowledge. There is no speech nor language where their voice is not heard." Christian naturalists, geologists, physicians, etc., profess the 24th verse of Psalm 104: "O Lord how manifold are Thy works! in wisdom hast Thou made them: all the earth is full of Thy riches." (It is well to read Psalm 104.) Psalm 92. 5. 6: "O Lord, how great are Thy works! and Thy thoughts are very deep. A brutish man knoweth not; neither doth a fool understand this."

(e) Governments and com-

monwealths bear witness to the same. . . they are kept in wise order by laws of which God is the highest cause. Good morality, noble deeds, inventions, noble science, art, knowledge, learning, have God's wisdom as cause. All these things mentioned altogether or every one single, would not take place or be realized, if they would not have a higher almighty cause, which calls them into existence, guides and determines them. (Refer Cicero de nat. deor.) The most simple conclusion to all of the foregoing, according to the rules of logic we have in the verse cited Heb. 3. 4: "For every house is builded by some man; but he that built all things is God."

Can a person secure salvation by his natural knowledge of God? Ans. By no means; for our natural knowledge of God is very imperfect and faint, and is entirely insufficient to attain salvation. Rom. 1. 21: we read: When they (natural men) knew God, they glorified Him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened. Professing themselves to be wise, they became fools, and changed the glory of the uncorruptible God into an image made like corruptible man, and to birds, and to four-footed beasts, and creeping things.

The natural knowledge of God is and must be subordinate and make way to the revealed knowledge of God in holy Scripture.

Now the question arises: Of what use then is the natural knowledge of God?

(a) It serves to promote external discipline. (1 Cor. 5. 1.)

(b) It serves to induce men to seek God. (Acts 17. 26-27) "God that made the world and all things therein, hath made of one blood all nations of men for to dwell on all the face of the earth, and hath determined the times before appointed and the bounds of their habitation; that they should seek the Lord, if haply they might feel after Him, and find Him, though He be not far from every one of us; for in Him we live, and move and have our being."

(c) It serves to render the naturally without excuse. (Rom. 1. 20) "So that they are without excuse."

The question, "What is the revealed knowledge of God?" to be continued in a later issue.

CREAM SHIPPERS!

**We Want Your
Churning Cream**

HIGHEST PRICES

PROMPT RETURNS

We pay a premium for table cream from tested herds

CRYSTAL DAIRY Ltd., Didsbury

Railway News

Winnipeg. Man--Since the commencement of the crop year up to Oct. 1st, \$2,495,541 bushels of wheat have been marketed by the Canadian Pacific Railway, western line. It was announced at the local office recently. During the same period the company handled 12,225,732 bushels of coarse grain and for the same period last year 35,164,415 bushels of wheat were marketed as well as 6,940,688 bushels of coarse grain. Total cars loaded to date amount to 177,779 against last year figures of 38,257.

There is even indication that the volume of travel to Europe during November and December will this year be heavy. It is already apparent that the number of those who intend spending Christmas in the Old Country will be unusually large, and the Canadian Pacific Railway is making special arrangements to accommodate the traffic. A special through train will be run from Winnipeg to the steamer "Monsieur," sailing from St. John, N.B., on December 15th and through tourist sleepers will run from Edmonton, Calgary, Saskatoon, Regina and other western points to catch other St. J. R. sailings from St. John, thus giving a through service from those cities to the Old Country.

New Island.—The Canadian Pacific Railway Company has a large fleet of motor boats on the improvements to their pumping plant and when completed there will be quite an improvement in the volume of water that can be pumped from the river. The work includes the putting in of a new boiler and pump at the river, so that they can use natural gas as well as gasoline, and thus save a great deal of money in pumping, and does away with the trouble and having engines run for water. It also increases the service here and practically does away with supply at other points.

H. R. Miles, division engineer, has charge of the work and has a crew of eighteen men working with him under Foreman W. J. Oliver. It will take at least three weeks for the work to be completed. When finished they will be able to fill the present water tank, which holds 16,000 barrels, in three hours. When it is considered that there will be at least twelve to sixteen trains daily taking water here it means there must be a supply of it on hand at all times. This new installation will meet the requirements.

Winnipeg.—Western Canada export business in fruit, potatoes and other lines of produce has developed to such proportions that exporters are now arranging to establish big collecting warehouses in Winnipeg, and other cities of the prairie provinces. The Canadian Pacific has granted special storage in transit privileges at Winnipeg, Regina, Moose Jaw, Lethbridge and Calgary for certain shipments of apples in boxes originating in British Columbia.

Under the new arrangement the shipper has the privilege of holding this produce in Winnipeg or any of the other western cities named for a period of six months and then on reshipment he gets the advantage of the through rate.

St. John, N.B.—The prize awards in section foremen on the New Brunswick district of the C. P. R. for the best sections of rails, roadbed, etc., have been announced recently by General Superintendent J. M. Woodman. His prize of \$50 for the second best went to N. Mason on the Shogomog sub-division. The first prize of \$100, given by Manager J. J. Scully, was announced a few days ago. Of third prizes of \$25 each, one given by Superintendent Boyles of Brownville, is awarded to W. E. Nason, on section 3, Macdonald sub-division; and one given by Superintendent Gilliland of Woodstock, to T. Abbott for section 11 on the Shogomog sub-division. The list of roadmaster prizes of \$10, the sub-division and the winners, follow: Roadmaster, Telford, St. John; winner, W. B. Harris. Roadmaster, Owens, Shore Line; winner, T. Gidd. Roadmaster, Hodgson, Mosshead; winner, B. Beaudou. Roadmaster, Gidd, Mosshead; winner, E. Plante. Roadmaster, Richardson, Shogomog; winner, J. Saunders. Roadmaster, Lister, Gibson, winner, B. Clark. Roadmaster, Walsh, Edmundston; winner, W. H. Smith.

IMPOUNDMENT NOTICE

Take notice that the following animals were impounded by me on the S. E. Sec. 4-32-3, W. 5: Red dehorned cow, both tail, indistinct brand AR under quarter circle on right thigh; Red bull calf, no brand; Dark bay gelding, about 1200 lb, brand UM on right shoulder; Light bay gelding, two hind feet white, left eye out, about 1100 lbs, branded U before a lazy V on right shoulder; Bay gelding, white stripe in face, about 850 lb., no visible brand; Bay mare, bald face, about 800 lb., no visible brand.

H. Forrant, Poundkeeper.

W. S. DURRER

**Undertaker and
Embalmer**

Up-to-date Automobile Hearse
Day or Night calls promptly
attended to.

PHONE 149.

DIDSBURY - ALTA.



Didsbury Lodge No. 21, A.F.A.M.
Meets every Tuesday evening on
or before full moon. All visiting brethren
welcome.

J. A. McGhee, W. M.
W. H. Matthews Secretary.



DIDSBURY LODGE No. 18, L.O.O.F.
Meets in Odd Fellows Hall, Didsbury
every Thursday evening at 8 o'clock
and visiting Odd Fellows always
welcome.

C. Reiber, N. G.

H. Hawkes, Rec. Secy.

DR. A. J. MALMAIS,
Veterinary Surgeon

Graduate of the Ontario
Veterinary College
Obstetrics, Surgery and Animal
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Calls answered day or night
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DR. W. G. EVANS, M. D.
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J. L. CLARKE, M. D., L. M. C. C.
Physician & Surgeon
Graduate of Manitoba University

Late senior house surgeon of St.
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Dental Surgeon
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Phone 63
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EXCURSION FARES

EASTERN CANADA

ON SALE

Dec. 1, 1922 to Jan. 5, 1923

RETURN LIMIT

THREE MONTHS

Tickets good in standard or tourist
sleepers on payment berth charge.

STOPOVERS WITHIN LIMIT.

VAN COUVER, VICTORIA

NEW WESTMINSTER

ON SALE

Dec. 5, 7, 12, 14, 19, 21, 26, 28, 1922

Jan. 2, 4, 9, 11, 16, 18, 23, 25, 1923

Feb. 6, 8, 1923

RETURN LIMIT

APRIL 15th, 1923.

Stopovers within limit

OLD COUNTRY FOR CHRISTMAS

Excursion tickets to Atlantic ports in connection
with Steamship tickets on sale Dec. 1, 1922, to Jan.
5, 1923. RETURN LIMIT THREE MONTHS.

St. John - Halifax - Portland

CENTRAL STATES

POINTS

ON SALE

Dec. 1, 1922 to Jan. 5, 1923

from points in

SASKATCHEWAN - ALBERTA

RETURN LIMIT

THREE MONTHS

**C. P.
R.**

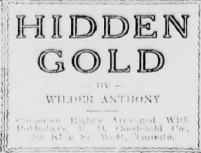
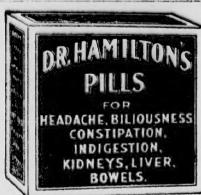
**C. P.
R.**

The Pleasant Way

For Information Ask the Agent

The Dependable Way

CANADIAN PACIFIC RAILWAY



(Continued)

The first night after Flout had come on his job, he got up a fuss and came out, and sitting in his head out the door, yelped in real ranch style. "Come and get it!" Then he pulled up his own place and started in all out. In about ten minutes, in walks the English dude, and when he seen the cook came away, he gave back and says, "Hurry up, then!"

"Then, I couldn't wait with me servants, though I know." Flout never had an eye, but says, with his mouth full "Take a chair," he says, and wait until I get through."

Although Wade had heard the story before, he laughed pleasantly as Sam began to dish up the food; then the latter announced the hired man.

"Mind, now, Bill," Wade admonished. "Not a word about the sheep."

The next morning, after a restless night, the young rancher set out alone for the sheep camp. He was more than ready to get on the outfit, because sleep had brought to his full vision of cattle grazing on a model range, and of Sam's story of the death struggle.

Particularly because of the danger of the hired man, and of Sam's story of the death struggle.

The old plainsman, scared veteran of many a frontier hunt, was too much tempted and too proud with his six-shooter to take back to the depleted sheep herds or to hands worse with a man he feared and hated.

Wade was so counting convinced that Moran was responsible for the invasion of the range, although still at a loss for his reasons. The whole affair was muddled with Moran's hands and the direct softness of his methods.

This Rance Moran was a stranger who had come to Crawling Water some months before, and for reasons best known to himself, had been trying to ingratiate himself in the neighborhood, but, although he seemed to have plenty of funds, the ranch and stock men did not take kindly to his advances.

He seemed as the agent of some Eastern capitalists, and he had opened an office which for some time appointments had been made in that part of the country; but he had not been able to buy or lease land at the prices he offered and his business apparently had not prospered.

Then sleep had begun to appear. In great flocks in various parts of the surrounding country and some of these flocks to overflow into Crawling Water.

Moran's dream had been that he had come of his lineage, but later on, he had admitted to the protesting cattle men that he had a certain amount of interest in sheep raising.

More far-reaching than some of his neighbors, Wade had had a strip of land in the valley for some winter range. Moran had seemed to want this land badly, and had offered

a really fair price for it, but Wade had not cared to sell. Relying upon his privilege as a lessee, Wade had not been of the approach of the sheep, and he had no reason to wish to discover all his holdings. Now, it began to look as if the purpose was to "chase" him out of his own territory, so that the agency might buy in the lease and homestead rights on practically his own range.

The thing had been done before in various parts of the cattle country.

Cattle and Sheep cannot live on the same range, and when sheep take possession of a country, cattle must move out of it or starve. No wonder, then, that the confidence of Crawling Water Valley were aroused.

Their livelihood was slipping away from them, day by day, for unless prompt steps were taken the grass would be ruined by the woolly plague.

Thinking of this, Wade, a leader in the cattle faction, had been firm for peaceful measures, though some of the ranchers had threatened an open war on the herders.

"Aunt blundered at almost any cost," had been his advice, and he had done his best to restrain the more hot-headed members of his party, who were for shooting the sheep and driving out the herders at the first point.

But there was a limit, even to Wade's patience; and his past squinted eyes as he considered the probable result, should Moran and his followers, the sheep owners, persist in their present course of action.

It was still very early in the morning when Wade arrived at the herder's camp. Oscar Jensen, short, thick-set man, with an unwholesome, heavy face, stepped out of the little tent as the rancher rode up.

"Morning!"

"Good-morning," the cattleman offered a cheerfulness which he did not feel. "Are these your sheep, Mr. Jensen?"

"He waved in the direction of the grazing bands, a dirty white patch on the green of the valley."

"Yes."

"Perhaps you don't know that you are on Double Arrow land," I've ridden over to ask you to move your sheep. They're spoiling our grass."

Jensen grinned sardonically, for he had been expecting Wade's visit, and was prepared for it.

"I got a right here," he said, "and your sheep's good grass here and I take my sheep where they get it. This is government land."

"It is government land," Wade quietly acknowledged, "but you have no right on it. I control this range. I've paid for it, and unless you move within the next twelve hours you'll be arrested for trespass."

The shepherd's stolid face darkened with anger.

"What do you want?" the sheriff asked.

"My sheep must eat as well as your cattle, and I got a good right here. I won't move."

"Then remember that I warned you. If you get into trouble, Jensen, there's plenty of open range and good water on the other side of the hills. I'll give you to mail your sheep there before it is too late. Don't think of it. Rance Moran can save you from the law. Moran is not running this valley, and don't you forget it."

"How do you know Moran's backing?" the Swede could not conceal his surprise. You can't mail his sheep, and you can't buy rights, and I point to stick to him."

"The dead you say. Now that is the story of Moran's conquest in the matter. Wade told himself becoming angry, in spite of his resolve to keep his word. Wade told himself becoming angry, in spite of his resolve to keep his word.

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Genuine "BULL" BURHAM TOBACCO

105th Annual Meeting Of Bank Of Montreal

Sir Vincent Meredith, President, Takes View That on the Whole Trade Conditions More Satisfactory than a Year Ago.

Sir Frederick Williams-Taylor, General Manager, Shows Necessity for Bringing Down Cost of Living in Canada—Reviews Features of Annual Statement.

The annual meeting of the Bank of Montreal was marked by especially interesting addresses by both Sir Vincent Meredith, President, and Sir Frederick Williams-Taylor, the General Manager.

Sir Vincent in his address referred particularly to the conditions that prevailed throughout the world in dealing with conditions in Canada, the President made special reference to the proposed revision of the Bank Act, and to the absorption of the Merchants' Bank.

Before beginning his annual address, Sir Vincent also took occasion to pay special tribute to the memory of the late R. B. Angus, who had served for over 30 years as a director of the Bank and who also in former years had acted as General Manager.

Sir Vincent, discussing some of the developments of the year, said:

"The banking year just closed has required constant vigilance and I am glad to be in a position to inform you that, while our profits on the basis of capital employed have not been as large as those of the immediately preceding year, as was to be expected, with increased activity in business generally, coupled with increased taxation, we have been fortunate in escaping serious losses, and the liquid position and great strength of the Bank remain undiminished."

Since 1904, last annual meeting, the Merchants' Bank has been absorbed by the Bank of Montreal. To the incidents connected with this transaction it is not necessary to refer, nor to the criticism it evoked, further than to say that, in my judgment, the prompt action of your

Officers—Yes, your honor, it was a terrible experience. When I entered the house I found this man drinking; a bottle of whiskey and a glass on the table.

Judge—What was so terrible about it?

Officer—There was only one glass. Minard's Liniment For Colds, Etc.

W. N. U. 1451



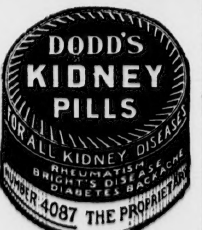
BEAUTY OF THE SKIN

Is the natural desire of every woman, and is obtainable by the use of Dr. Chase's Ointment. It cures all skin diseases, and restores the skin to its natural beauty. It is sold in all drug stores, and by mail order. Price, 25 cents per box. Dr. Chase's Ointment is the only one that cures all skin diseases.

Dr. Chase's Ointment

INVENTIONS

And for all inventions wanted by Manufacturers. Patents have been made from simple ideas. Patent Protection secured on receipt of money. Patent Attorneys. 221 BANK STREET, HAROLD C. SHIPMAN & CO. PATENT ATTORNEYS. 221 BANK STREET, HAROLD C. SHIPMAN & CO. PATENT ATTORNEYS.



RICH IN VITAMINES



MAKE PERFECT BREAD

WORLD HAPPENINGS BRIEFLY TOLD

Toronto's population during 1922 increased from 522,942 to 529,983, an increase of 7,041.

Alexander Cameron, 51, of Ferguson, B.C., a resident of the Revelstoke district for 20 years, is dead.

The Duke of Abercorn has been appointed Governor-General of Northern Ireland by King George.

A plot to smuggle morphine from the steamship Canadian Inventor at Vancouver, was frustrated when three men were arrested.

D. B. Harkness, former Secretary of the Manitoba Social Service Council, has been appointed a magistrate for the juvenile court of Winnipeg and the eastern judicial district.

Sweep hundreds of feet down a mountain side in an avalanche, 25 men sleeping in a bachelors at Lone Jack, Minn., near Chisholm, B.C., had a narrow escape from death.

Prime Minister Bonar Law announced in the House of Commons that the Government had decided to begin the construction of the two new battle-ships allowed under the Washington naval treaty.

Declaring that a bonus to soldiers was as justified as "a bonus to the ship operators," Senator Simmons, Democrat, North Carolina, re-introduced the soldier bonus bill, vetoed by President Harding, as an amendment to the administration shipping bill.

A Rice dispatch states that the Soviet military engineering department has begun to build and equip new military depositories near Orenburg, and also to reconstruct the ports of Krasnov, Gorka, with a view to making Petrograd and Kronstadt impregnable.

The Secret Of Success

Nothing Worth While Is Attained Without Hard Work

Thomas A. Edison, looking at machines made in his early days, could not remember why he made them. "But I know one thing," said he, "I sweat blood over every one of them." There's a recipe for success—sweat blood. Dante put the same thought otherwise more than six hundred years ago, "Work as Nature works in fire." If you don't sweat and burn as you work, nothing comes of your work. Let young gentlemen write one thing on their tablets: "Nothing worth while is easy, and he who is taking it easy is doing nothing worth while."—Chicago Herald and Examiner.

When Overtaken By Nausea Try This Simple Remedy

When you don't know whether it's going to stay down or come up, when you look like thirty cents, and feel even worse, what you need is twenty drops of Nervine, in cool water. Almost any nurse is the change you experience. Those feelings of vomiting disappear. Thousands of homes rely on Nervine in case of sour stomach, gas-bloating, indigestion and upset stomach conditions. Get it today, large 35c bottles sold by all druggists.

The ancient Romans believed that death where the life of the city was at stake.

PALE AND SICKLY GIRLS AND BOYS

Need All The Strength That Rich, Red Blood Can Give Them

Youth is the time to lay the foundation of health. Every girl and every boy should have plenty of pure, red blood and strong nerves. With this, mind and the start of a career with a handicap too great to win success and happiness. Rich, red blood means healthy, full growth, strong nerve, clear brain and good digestion. In a word pure blood is the foundation of health.

The signs of weak, watery blood are unmistakable. The pale, irritable girl or boy, who has no appetite or ambition, is always tired out, short of breath and does not grow strong, is a victim of anemia—the great enemy of youth. There is just one thing to do for these girls and boys—build up the blood with Dr. Williams' Pink Pills. You can afford to experiment with other remedies, for there must be no guesswork in the treatment of anemia. Dr. Williams' Pink Pills act directly on the blood, giving it the elements it lacks, thus developing strong, healthy girls and boys. Mrs. R. Kinch, Newport, Ont., tells us how these pills did for her daughter—"I think it a duty to let others know the benefit which Dr. Williams' Pink Pills have been to my daughter, and I hope this may be the means of inducing some other sufferer to try them. She was weak, nervous and badly run down. I gave her medicine from the doctor but got no benefit, and finally she was not able to go to school. I was advised to give her Dr. Williams' Pink Pills, which I did, and after taking them for a time she was restored to perfect health. I cannot speak too highly of these pills."

You can get Dr. Williams' Pink Pills through any druggist in medicine, or by mail at 20 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Manufacturers always consider and invent. Patents are made from new ideas to suit modern times. Send for Free List of ideas and suggestions.

THE RAMSAY COMPANY
Patent Attorneys
271 BANK STREET, OTTAWA, ONT.

MONEY ORDERS

Buy your out of town supplies with Money Orders. Money Orders are better than cash.

FOR SALE

YARN—WONDERFUL VALUES and colors, samples free. Georgetown Woollen Mills, Ont.

RUPTURE KILLS 8,000 ANNUALLY

Eight thousand people each year die of this terrible disease, which is being neglected. It is a disease that is not understood, and it is a disease that is not treated. It is a disease that is not talked about, and it is a disease that is not cured. It is a disease that is not prevented, and it is a disease that is not avoided. It is a disease that is not recognized, and it is a disease that is not named. It is a disease that is not known, and it is a disease that is not feared. It is a disease that is not understood, and it is a disease that is not treated. It is a disease that is not talked about, and it is a disease that is not cured. It is a disease that is not prevented, and it is a disease that is not avoided. It is a disease that is not recognized, and it is a disease that is not named. It is a disease that is not known, and it is a disease that is not feared.

A wife is either a man's better half or the whole thing.

Michael's Liniment For Warts, Corns, Etc.

Have a Thought For the Unfortunate

Saskatchewan Everywoman's Fund for Tubercular Women Deserving Of Support

If those who have a well household about them at Christmas time should have a thought for those whose lives are wretchedness and suffering, it would be a sweet and gracious thing; and it would be quite certain to make the happy home happier. There are 1,600 grown persons in the province who have tuberculosis in an active form, and who are not in the sanatorium, or in any hospital. Such is the information gathered by the Royal Commission on Tuberculosis in Saskatchewan, which recently made its report to the Government. In hundreds of cases, mothers who are not able to pay for medical care for themselves, are endangering their little children. If treatment could be provided for the mother, the children would be saved also from the danger of infection. It is with the desire to save both the mothers and the children that the Everywoman's Fund has been organized in the province. The object is to raise \$50,000.00 for the care of 50 mothers during 1923. The donations already received by Mrs. E. W. Bates 2048 Angus Street, Regina, and by A. B. Cook, Business Manager, the Saskatchewan, Fort Qu'Appelle, amount to over \$25,000. It is asked that every woman in Saskatchewan who has not tuberculosis contribute at least one dollar towards helping provide free treatment for 50 of those who have it and have no means. A dollar can perhaps be spared from the Christmas presents the reader has had in mind for her people, and sent to Mrs. Bates, Mr. Cook, or to the nearest newspaper, for the Everywoman's Fund. The happier people would not begrudge the gift that went instead to the poverty-stricken, tubercular mother.

CATARH

Catarh is a local disease, often caused by exposure to cold, and is a disease of the eye. It is a disease that is not understood, and it is a disease that is not treated. It is a disease that is not talked about, and it is a disease that is not cured. It is a disease that is not prevented, and it is a disease that is not avoided. It is a disease that is not recognized, and it is a disease that is not named. It is a disease that is not known, and it is a disease that is not feared.

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Children Cry for Fletcher's



Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind, Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

The Pac Dog Derby

The annual Pac Dog Derby of two hundred miles, for a purse of \$2,500, will be held this winter on February 22, it was decided at a meeting of The Pac Dog Derby Association. The course will be the same as last year, from The Post to The Pioneer, from the company's camp on the Chert River and return. Entries are expected from St. Paul, Minn., Northern Ontario and Vermont, while a team of Labrador huskies also is a possibility.

Corns Between the Toes Painlessly Removed

A real, sure, dependable remedy that has been lifting out corns for the past fifty years will surely lift yours out. Putnam's Corn Extractor is the only reliable corn remedy—it stands up to time and never fails, 25c everywhere.

Canada's Fur Trade

In the 122d year since Canada first took up to Henry VII. from Canada, the value of pelts taken during the season of 1919-20 was \$2,197,272. Canadian fur farmers now breed silver, black, and blue foxes, "Persian hares," muskrat, mink, muskrat and skunk.

Flowers From Medicine Hat

The Rossy Flower Company of Medicine Hat, which distributes its blooms to many points in the United States as well as Eastern Canada, is erecting three new greenhouses, and with this addition will have over six acres under glass, which they claim will make it the second largest plant in the Dominion.

A safe and sure medicine for a child

troubles with stomach and bowels. See the Jewish, Buddhist, Christian and Mohammedan religions originate in Asia.

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Off to school on a winter morning

Fresh and rosy—or pinched and chilly? That's a matter for Mother to decide.

Children, as well as grown-ups, need a hot morning beverage that is wholesome, invigorating, and free from harmful after-effects.

Childhood is the period when nervous activity is at its height. The brain is ever busy receiving new impressions; the nerves, muscles and senses are alert and actively developing.

Tea and coffee are harmful, especially for children. Instant Postum is the one best beverage to give them needed warmth and comfort, these cold and frosty mornings. It is made of roasted wheat, has a delightful flavor and aroma, is free from any harmful element whatever, and is wholesome, healthful and invigorating.

Order a tin from your grocer TODAY. You will enjoy it as much as the kiddies do.

Instant Postum FOR HEALTH

"There's a Reason"

Canadian Postum Cereal Company, Limited, 45 Front Street E., Toronto

Factor: Windsor, Ontario



"THE HUB"

Can supply you with all that you require in high class groceries, provisions, flour, feed, salt, cured meats, lard, cured fish, apples, vegetables, oranges, etc.

WHEATLETS 10 lb. bag, for 45c.	ROLLED OATS 25 lb. bag for 85c	PURE PLUM JAM 4 lb. pail 75c.
SALT BLOCKS 50 lbs. for 80c	CHOCOLATE BARS assorted, 6 for 25c.	LUX 2 pkts. for 25c.
PRUNES 5 lb. box for 35c.	ROLLED OATS 8 lb. bag for 45c.	CLARK'S PORK AND BEANS 2 lb. cans. 5 for \$1.00
PINEAPPLE in heavy syrup 4 cans for 90c.	STRAWBERRY JAM, PURE per pail \$1.00	TOMATOES, CORN, PEAS 5 cans for \$1.00

THE HUB GROCERY

W. O. ZIMMERMAN

R. P. CROSLAND

BANFF IN WINTER



NATURE has made Banff, Alberta, one of the finest summer and winter resorts in the world. Here, before most of the visitors come in the summer. Within the last few years large numbers have been attracted to winter when sports carnivals have been held with great success. The season 1922-1923 is likely to make a new record in the popularity of Banff as a winter sports centre.

Did you ever slide down a mile-long slide in a pass in the Rocky Mountains? Did you ever swim in a hot sulphur swimming pool and gather snow from the sides to snowball your companions? Did you ever meet a deer suddenly on a mountain road and find it unafraid? Did you ever wait on skates? Did you ever climb a mountain and drink all the way down its side on your snowshoes?

All these things you can do in winter at Banff—famous Canadian mountain resort, 1531 feet above sea level in the clear breezy air of the Rocky Mountains.

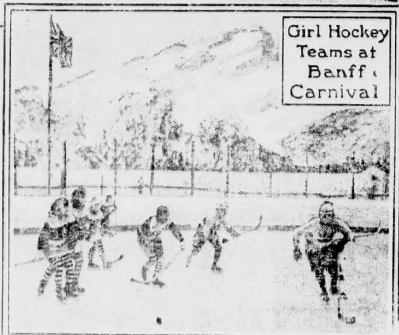
One of the most unique attractions of Banff is the swimming in the hot pools. Sulphur Mountain is famed for its remarkable health-giving springs of sulphur water. These gush out of the side of the mountain, and even in zero weather are so warm that they are delightful for swimming.

Ample opportunities are afforded for every variety of winter sport. Down on the river is a rink where one may practice figure-skating, or watch some accomplished skaters waiting to music. One of the best toboggan runs comes down the side of Tunnel Mountain. Skiing is also a popular sport here and an excellent opportunity is offered for hunts on the mountain slopes. The little mountain town is also famous for hockey and a number of fast teams have their home here among which those of the ladies are far from the least important.

There are walks with unique attractions around Banff. You may be coming down one of the beautifully graded roads, flanked by the slender ranks of the mountain pines, and a deer will walk out of the woods just ahead of you and stand and gaze at you. There is beauty in a government park where it is against the law to shoot wild animals. Any day walking down the main street, you may meet a large mountain sheep. But he is no longer a wild one—he is the mascot of the mounted police stationed here. There is also the beautiful park to visit, and a pleasure of one of these magnificent animals is largely sought.

But the outstanding wonder of Banff is its mountains. Whether winter sports you may delight in, you are always ringed by an amazing theatre of mountains. Range upon range, and snow-covered peak beyond peak, they tower above one and stretch away into the distance. Against the snow on their sides the dark mountain pines stand out in sharp relief. In climbing one is tempted to stop often, for every new level brings into view fresh peaks, and hitherto unimagined valleys. Banff is easy of access, being on the main line of the Canadian Pacific Railway, three and a half hours' journey from Calgary.

Girl Hockey Teams at Banff Carnival



AROUND THE TOWN

Miss N. M. Johnson was a visitor at her home near Olds during the Christmas week.

Miss Eleanor M. Smith spent the Christmas holidays with her parents at Olds.

Moses Arnold Liesener and Bill Mueller, who are attending the University at Edmonton, spent the Christmas holidays at their homes here.

Mr. and Mrs. L. C. Coffey and family of Sylvan Lake were visiting Mr. and Mrs. H. E. Osmond during the Christmas holidays.

The following Normal students from Calgary spent the Christmas holidays in town: Misses Vera and Margaret Sexsmith, Ethel Klinck, Grace Grubicher, Iona and Frances Carson and Mr. Aylmer Liesener.

Two rinks skipped by Mr. Ryan and Mr. Freeman journeyed to Inuitfall on Saturday afternoon as challengers for the Mitchell Cup. The "green" rink, skipped by Mr. Freeman was successful in upholding their end of the score but the "veteran" rink were off their game and lost out.

Revival services are being held in the Nazarene church beginning Tuesday evening, January 2nd at 8 o'clock. The services will be continued indefinitely every evening except Saturdays, Sunday 11 a. m. and 8 p. m. All are cordially invited to attend. S. Kuchel, pastor.

Among the Christmas and New Years visitors at Calgary were noted the following: Mr. Cecil Stinder and Miss Irene Rodaway, Mr. Ward Keith and Miss Emma Hohn, Mr. and Mrs. Ed. Johnson, Mr. Frank Peirnes and Miss Lilly Rump, Mr. and Mrs. Mohls and daughter, Miss E. Hohn, Miss H. O'Connor, Miss P. B. Scmidt.

Teacher: "You dirty boy. Why don't you wash your face? I can see what you had for breakfast this morning."
Bob: "What was it?"
Teacher: "Eggs."
Bob: "Wrong. That was yesterday."

FOR SALE:—Ford automobile in good condition. Apply R. Weber, Suder's store, 2pl

WANTED:—Half section or more land to rent on shares. Have full outfit of horses and machinery. Apply T. White, Elton, 3p5t

An Eye Talk

The year 1923 necessitates my making more frequent calls to Didsbury than previous years. As my professional acquaintance grows so my calls must be made more often. And to those who may not be acquainted with me and my work I would like to give a few reasons why I deserve your consideration and patronage.

1. I have made professional visits to Didsbury for seven years.
2. I have corrected eyes for people in and about Didsbury who have made frequent visits elsewhere that have been without success, and are wearing my corrections for years with satisfaction.
3. I received my first diploma in Refracting Optometry in 1907 giving me twenty-five years experience.
4. I am registered under the laws of Alberta to practice Optometry, also in the State of Washington.
5. I have all the necessary instruments to make a scientific examination of the interior and exterior of the eye. And I know how to use them. Which enables me to correct eyes for the most intricate.
6. My examinations are not experimental they are reliable.
7. I use only the best quality of frames, also the latest styles.
8. My advice is dependable and honest. My word is my bond.
9. I have corrected over 7000 pairs of eyes in Alberta for people who are daily creating patronage for me.
10. Last but not least I have to my credit recommendations from parents in Cardale, Pincher Creek, Raymond, Cardston and Nanton whose children's eyes were very crossed but today are straight through the power of my prescribed spectacles. Will be at the Hotel in Didsbury on Thursday, January 11th. Should you or your children have any trouble or symptoms of trouble with your eyes.



John F. Miller, Optometrist, 401 Underwood Bldg. Calgary

WANTED:—A housekeeper. Good wages will be paid. Four children in family. Wanted by the 20th of December if possible. Apply H. Hooper, phone 1308, R. R. 2 Didsbury. 4p50

FOR SALE:—Steel tank, capacity 305 gallons, mounted on good truck. Apply P. R. Goehle, Elton, 2c49

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